

Canine Bowen Aftercare

Jane Thomas EGCBT

<http://www.totallybowen.co.uk>

Many factors influence the effectiveness of a canine Bowen treatment

It is important for the owners not to pat / stroke / pet the dog until after they have had a sleep / rest.

The dog must be allowed to rest and sleep following a canine Bowen technique treatment

The dog mustn't be over excited / over exercised or stressed for at least 24hrs following a treatment.

Re-injury is common in dogs. The treatment removes the pain and facilitates greater mobility, the dog feels better and the owner responds to the dog's enjoyment and increases the exercise.

The dog may drink more water, urinate more and defecation patterns may change.

A gentle amount of exercise following a treatment is recommended and usually happens naturally with dogs as they move around and stretch.

Seven days is the optimum time between treatments although between five to ten days is also acceptable. There are of course exceptions and I will advise on the best gap between treatments for your dog.

It is vital you observe your dog and note any changes over the next few days. All change is "good" change. These changes may be things like stiffness, tiredness, increased energy, being clingy or cheeky.

We recommend that no other forms of manipulation are used for two weeks, e.g. chiropractic, physiotherapy, acupuncture, massage, etc. Magnetic therapy is not recommended for 5 days post Bowen Therapy.

If you are concerned about your dog in anyway please don't hesitate to ring me or your veterinary surgeon.